



Astrid Wurfl
Volunteer Facilitator

I was born in the USA, grew up in South Africa and moved to Australia in 1989. I'm a researcher at the Queensland University of Technology and work in the area of helping teenagers cope with stress and build resilience. I am married and have three children.

For personal reasons I have always been interested in the Holocaust and Courage to Care seemed like an excellent program to get involved in. Hearing survivor stories is a real privilege and an excellent way to honour their resilience as well as remind us all of the difference that a single individual can make to a person's life.

I'm so pleased to be able to be involved in this important program.