

## VOLUNTEER ROLE DESCRIPTION

### WORKSHOP LEADER

#### What does Courage to Care do?

Courage to Care is a social acceptance and upstander education program which demonstrates the importance of standing up to prejudice and discrimination wherever it occurs. It empowers participants to realise that they, as individuals, can make a difference.



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Programs are delivered in schools, universities and workplaces, or in conjunction with a travelling exhibition and are tailored to meet the requirements of each specific audience. Depending upon the number of participants and location, the programs may be scheduled for one day only or across several days or weeks. Each session usually runs from 90 minutes to two hours and includes a presentation, survivor story and discussion workshop.

#### What is your role as Workshop Leader?

To bring together the presentation and/or exhibition experience and the survivor's story and relate this to the participants' own lives.

#### What is the outcome you need to achieve through leading the workshop?

To ensure that participants realise that they, as individuals, can make a difference and bring about positive change through the choices they make and the actions they take.

#### How are you expected to achieve this?

- Help participants identify roadblocks that prevent bystanders from taking action.
- Aid the development of participant's empathy towards individuals and groups facing discrimination.
- Make the presentation, survivor's story and workshop relevant to participants' lives.
- Help participants discover that they can choose to be upstanders because each individual can make a difference.

#### What are the skills and knowledge required?

- Ability to create a safe and respectful space for participants where they are willing to share and reflect on their own experiences.
- Ability to work with a variety of audiences, from younger students to adults.
- Show adaptability and creativity in engaging participants of different age groups and demographics and linking all aspects of the program together as an integrated whole - each participating group and their experience is different.
- Ability to follow the workshop leader outline and achieve program outcomes.
- Ability to ensure the messaging is clear and session stays on track.
- Ability to handle sensitive situations appropriately based on Courage to Care training and protocol.
- Time management skills – successful delivery of the program is dependent on the completion of each component of the program within the given timeframe.
- Teamwork skills – Courage to Care programs require all on-site volunteers to work collaboratively with other volunteers and staff.
- Self-evaluation skills – ability to be self-reflective in order to identify strengths and be open to receiving constructive feedback.